



The
M.C.F.O.O.D.S.
Directory

MIDDLESEX COUNTY FOOD ORGANIZATION
AND OUTREACH DISTRIBUTION SERVICES

732-729-0880

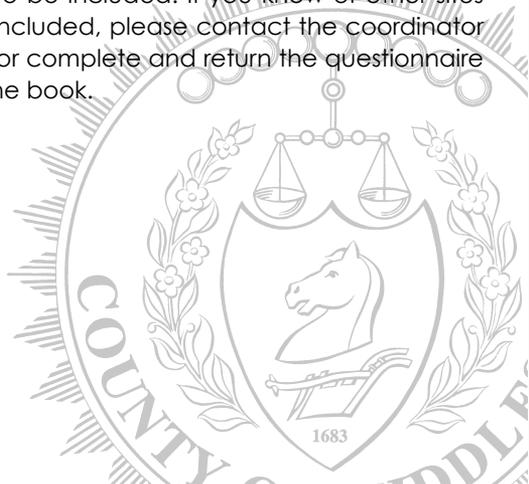
INTRODUCTION

To help achieve local food security and provide access to nutritionally adequate food and other basic necessities to all residents in Middlesex County, at all times, the Middlesex County Food Organization and Outreach Distribution Services (M.C.F.O.O.D.S.) was created in 1994. Assisting in this fight to ease local hunger, the Middlesex County Board of Chosen Freeholders and the Middlesex County Improvement Authority (MCIA) have been working with M.C.F.O.O.D.S. to coordinate food drives through schools, municipalities and corporate businesses.

Since long term, sustainable, development-oriented approaches are necessary to meet the community food needs, many government and non-profit agencies and organizations, churches, schools and businesses have formed a partnership to help achieve our goals. This directory includes a listing of many food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

This directory will enable agencies, churches, municipal officials, police departments, etc. to have vital information at hand when asked for assistance by a Middlesex County resident. While this directory is not intended to be distributed to the public, it will provide information for the public.

All sites listed in the directory have given permission for their names to be included. If you know of other sites that wish to be included, please contact the coordinator at 732-729-0880 or complete and return the questionnaire at the back of the book.



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A BETTER WORLD CAFÉ, HIGHLAND PARK

Contact: Rachel Weston
 Telephone: 732-510-1572
 Address: 19 South 2nd Avenue
 Highland Park (in the Reformed Church)
 Hours of Operation: Monday-Friday 11:00 a.m.-3:00 p.m.

Community Cafe serving seasonal, local and organic foods. Open for the public. The "Pay A Fair Price" system allows patrons to create a plate that fits their budget, volunteer in exchange for a meal or enjoy the daily complimentary dish.

**ABUNDANT LIFE CHRISTIAN WORSHIP CENTER,
 "LIVING WATERS"**

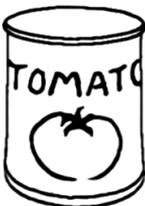
Contact: Vince Lombardi
 Telephone: 732-355-0225 Church
 Address: 2245 Route 130, Suite 101
 Dayton, NJ 08810
 Website: <http://abundantlifechristian.com/ministries>
 Hours of Operation: Tuesday and Wednesday
 12:00 p.m. – 3:00 p.m.
 Saturday 8:00 a.m. – 11:00 a.m.
 Delivery service - Call for an appt.

Services provided include food and prayer. Nonperishable foods and toiletries are accepted as donations.

BETHEL CHURCH OF GOD IN CHRIST

Contact: Dionne Bynes or Aiesha Bynes
 Telephone: 732-846-4085
 Address: 141 Comstock Street
 New Brunswick, NJ 08801
 Hours of Operation: Call for an appointment.

Free clothing and food is provided for Middlesex County residents in need.



CALVARY BAPTIST CHURCH

Contact: Michael and Joan Richards
 Telephone: 732-541-9169 or 732-352-0102
 Address: 38 McKinley Avenue
 Carteret, NJ 07008
 Hours of Operation: Last Saturday of the month, 11:00 a.m. – 1:00 p.m.

Community outreach program providing emergency food to the people of Carteret.

CALVARY CHAPEL BROKEN LOAVES FOOD & RAIMENT MINISTRY

Contact: Dave and Kathy Galya
 Telephone: 732-679-4837
 Address: 139 White Oak Lane
 Old Bridge, NJ 08857
 Hours of Operation: Fridays
 10:30 a.m. - 1:00 p.m. and 6:30 p.m. - 9:00 p.m.

Services offered include food, clothing, counseling, and prayer. An appointment must be made by calling in advance – office hours are Tuesday, Wednesday and Thursday from 10:30 a.m.-2:00 p.m. Walk-ins are not accepted and services are limited to once a month.

CARTERET CHRISTIAN WORSHIP CENTER

Contact: Antonia Tavares
 Telephone: 732-352-0021
 Address: 546 Roosevelt Avenue
 Carteret, NJ 07008
 Hours of Operation: Tuesdays 10:00 a.m. – 1:00 p.m.

Emergency food is available to those in need.

CATHEDRAL INTERNATIONAL - MERCY HOUSE

Contact: Demaris Wicks or Lucy Morales
 Telephone: 732-826-0447 or 732-826-1238
 Fax: 732-826-1239
 Website: www.thecathedral.org
 Address: 282 McClellan Street
 Perth Amboy, NJ 08861
 Mailing Address: 205 Smith Street, Perth Amboy, NJ 08861
 Hours of Operation: Monday – Friday: 10:00 a.m. – 4:00 p.m.

A soup kitchen and food pantry are available to Middlesex county residents in need.

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CHRIST CHURCH EPISCOPAL

Contact: Church Office
 Telephone: 732-545-6262
 Address: 5 Paterson Street
 New Brunswick, NJ 08901
 Hours of Operation: Last 2 Fridays of the month, 9:00 a.m. - 10:00 a.m.
 Last 3 Wednesdays of the month
 6:00 p.m. – 7:00 p.m.
 Last 2 Saturdays of the month
 10:30 a.m. - 11:30 a.m.

Emergency food distribution is subject to items available.

CHURCHES UNITED FOR PEOPLE

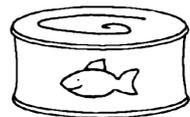
Contact: Alice Ryan
 Telephone: 732-967-4883
 Address: Woodmere Senior Citizen Housing
 250 Crescent Avenue
 Spotswood, NJ 08884
 Website: <http://www.stpetersspotswood.org/cohm.htm>
 Hours of Operation: Tuesday - Thursday
 9:30 a.m. - 11:30 a.m. & 1:30 p.m. - 3:30 p.m.

Emergency food is provided to those in need. You must first be interviewed and recommended by a local church. (St. Peter’s Episcopal Church, 505 Main Street, 732-251-2449; Spotswood Reformed Church, 429 Main Street, 732-251-9277 and Trinity United Methodist, 70 Manalapan Road, 732-251-0815.)

COMMUNITY CHURCH FIXER OF HEARTS

Contact: Pastor Barry Habib
 Telephone: 732-297-2792
 Address: 1210 Cozzens Lane
 North Brunswick, NJ 08902
 Website: <http://www.heygotchurch.com/>
 Hours of Operation: Wednesdays 12:00 p.m. – 7:00 p.m.
 Fridays 7:00 p.m. – 9:00 p.m.
 Saturdays 9:00 a.m. – 1:00 P.M.
 Sundays 12:00 p.m. – 1:00 p.m.

Emergency food is provided to those in need.



COMMUNITY PRESBYTERIAN CHURCH

Contact: Church secretary
 Telephone: 732-287-1666
 Address: 75 Glenville Road
 Edison, NJ 08817
 Hours of Operation: Monday - Friday
 Call for an appointment.

A three-day supply of food is available once a month for Edison Township residents. Proof of residence is required (driver's license, utility bill, etc.). You must call ahead and make an appointment.

DELIVERANCE PRAYER REVIVAL TABERNACLE

Contact: Jennie Shields or Barbara Sawyer
 Telephone: 732-220-8266
 Address: 306 Somerset Street
 New Brunswick, NJ 08901
 Hours of Operation: Sunday, Wednesday, Thursday, Friday and
 some Saturdays. Times vary.
 Website: www.deliveranceprayer.com

Nonperishable food, prepared meals and clothing are provided to those in need.

EBENEZER BAPTIST CHURCH SOUP KITCHEN

Contact: Reverend Dr. Clarence Brown or Annye Brown
 Telephone: 732-846-6742
 Address: 126 Lee Avenue
 New Brunswick, NJ 08901
 Hours of Operation: Tuesdays
 11:00 a.m. - 1:15 p.m.

Hot meals are provided to all those in need.

"ELIJAH'S BREAD" FELLOWSHIP BIBLE CHURCH

Contact: Louis Devizia
 Telephone: 732-636-7727
 Address: 121 East Prospect Avenue
 Woodbridge, NJ 07095
 Website: <http://www.yourfamilychurch.com/>



ELIJAH’S PROMISE

Contact: Tony MacLachlan
 Telephone: 732-545-9002 Ext. 118
 Address: 18 Neilson Street
 New Brunswick, NJ 08901
 Website: <http://www.elijahspromise.net/>
 Hours of Operation: Soup Kitchen Hours
 Monday - Friday, Lunch 11:00 a.m. - 12:15 p.m.
 Monday - Friday, Dinner 6:00 p.m. - 7:00 p.m.
 Saturday/Sunday, Dinner 3:30 p.m. - 4:30 p.m.

Prepared meals, health services, educational services, counseling and general assistance are available. Prepared “Meals to Go” program is available Sunday - Friday for people who are working and unable to attend regular meal times. “Fresh is Best” program offers perishable and nonperishable food for people with HIV/AIDS by appointment only. Suggested donations include food and paper supplies.

EMANUEL EVANGELICAL LUTHERAN CHURCH

Contact: Jeffrey C. Eaton, Vanessa Dunzik
 Telephone: 732-545-2673
 Address: New & Kirkpatrick Streets
 (entrance is at the back of the building)
 New Brunswick, NJ 08901
 Website: www.emanualnb.org
 Hours of Operation: Wednesdays 10:00 a.m.-12:00 p.m.
 Every 3rd Saturday 9:00 a.m.-11:00 a.m.

Emergency food distribution is available. Services may be used once every month and are limited by availability of food. Nonperishable foods and baby supplies may be donated.

**FAITH FELLOWSHIP MINISTRIES,
 WORLD OUTREACH CENTER**

Contact: Reverend Elaina Villanova
 Telephone: 732-727-9500 x1300
 Address: 2707 Main Street
 Sayreville, NJ 08872
 Hours of Operation: Tuesday and Thursday
 9:00 a.m. - 2:00 p.m. by appointment only.

Emergency food, clothing and shelter referrals are available to anyone in need. Identification for each recipient is required. Special arrangements can also be made for emergencies. The church is also open for prayer and counseling, please call for an appointment.

FAITH KITCHEN at ZION HILL MISSIONARY BAPTIST CHURCH

Contact: Martha Ellis
 Telephone: 732-463-7776
 Address: 450 Highland Avenue
 Piscataway, NJ 08854
 Hours of Operation: Faith Kitchen every Thursday from
 12:00 p.m. – 1:00 p.m.
 Recovery Ministry every Monday from
 7:00 p.m. – 8:30 p.m.

The Faith Kitchen provides a prepared lunch, nonperishable food, and assistance to those in need. A 12 step program and counseling is offered through the Recovery Ministry. Food and clothing are also available for those who attend the Recovery Ministry and are in need.

FAVOR MINISTRIES

Contact: Pastor David or Cindy Foster
 Telephone: 1-877-5-Favored/1-877-532-8673
 Address: 1580 Roosevelt Avenue
 W. Carteret, NJ 07008
 Hours of Operation: 3rd Saturday of the month
 9:00 a.m.-12:00 p.m.

Services are provided to those in need. Emergency food is available as needed; new clothes are provided on a quarterly basis and toys are distributed for Christmas.

FIRST BAPTIST CHURCH OF WOODBRIDGE - HOMELESS SHELTER

Contact: Shirley Jones or Lilla Green
 Telephone: 732-750-9475
 Address: 130 Sewaren Avenue
 Sewaren, NJ 08861
 Hours of Operation: Friday night through Sunday afternoon

Emergency food is provided to those in need.

FIRST CONGREGATIONAL CHURCH OF WOODBRIDGE

Contact: Church Office
 Telephone: 732-634-0582
 Address: 539 Barron Avenue
 Woodbridge, NJ 07095
 Hours of Operation: By appointment only.



Call in advance for information and to set up an appointment. Emergency food is available by appointment only and proof of need is required.

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FIRST PRESBYTERIAN CHURCH OF AVENEL

Contact: Carolyn Stockl
 Telephone: 732-634-1631
 Address: 621 East Woodbridge Avenue
 Avenel, NJ 07001
 Website: <http://avenelpresbyterianchurch.org>
 Hours of Operation: Last Tuesday of the month
 10:00 a.m. - 11:30 a.m.

Emergency food distribution is available. If it is an emergency, you may call the church office for immediate assistance. Food donations and toiletries are accepted.

FIRST PRESBYTERIAN CHURCH OF CRANBURY - SKEET'S PANTRY

Contact: Church Office
 Telephone: 609-395-0897
 Address: 22 South Main Street
 Cranbury, NJ 08512
 Hours of Operation: Every 3rd Friday
 8:30 a.m.-11:00 a.m.

Nonperishable food items and some perishable items are available to any county resident in need.

FIRST PRESBYTERIAN CHURCH OF ISELIN

Contact: Gloria Haeseler or Margarita Estrada
 Telephone: 732-283-1188
 Address: 1295 Oaktree Road
 Iselin, NJ 08830
 Hours of Operation: Call for Appointment
 Monday - Friday
 9:00 a.m.-12:30 p.m.

Food is distributed on Monday. You must call in advance – by Friday to receive food on Monday. Food is supplied once a month. Identification and recommendation are usually required.

FIRST PRESBYTERIAN CHURCH OF METUCHEN

Contact: Church Office
 Telephone: 732-491-2300
 Address: 270 Woodbridge Avenue
 Metuchen, NJ 08840
 Hours of Operation: Thursday
 9:00 a.m. - 12:00 p.m.

Emergency food distribution is available to residents of Edison and Metuchen; proof of residency must be provided. All requests must come in by phone by 3PM on Tuesday so that volunteers can package the food for pick up on Thursday. Emergency requests are also arranged. Limited to once a month. Suggested donations include: Parmalat Milk, Peanut Butter and Jelly, Maple Syrup and Pancake Mix (mix with water), Dry Cereal, Canned meats, juices, and vegetables, Soups, Spaghetti Sauce and Pasta. We do not accept perishable items.

FIRST PRESBYTERIAN CHURCH OF SOUTH AMBOY

Contact: Board of Deacons
 Telephone: 732-721-4516
 Address: 150 North Broadway
 South Amboy, NJ 08879
 Hours of Operation: 3rd Saturday of each month
 9:30 a.m. - 1:00 p.m.
 Emergencies by appointment

Emergency food distribution is available once a month. Must show identification, be over the age of 18 and complete paperwork for proof of need and low income.

FIRST PRESBYTERIAN CHURCH OF WOODBRIDGE

Contact: George Goodrich
 Telephone: 732-634-1024
 Address: 600 Rahway Avenue
 Woodbridge, NJ 07095
 Hours of Operation: Mondays
 9:00 a.m.-11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

FISH, INC.

Contact: Bob Mitchell
 Telephone: 732-356-0081, Hotline
 Address: 456 New Market Road
 Piscataway, NJ 08854
 Website: www.fishhospitality.com
 Hours of Operation: Monday, Wednesday & Friday
 9:00 a.m. - 12:00 p.m. call for appointment

Emergency food and clothing are available. Clients are limited to once a month and must show proof of residency of Piscataway, Middlesex, Dunellen, Highland Park, Edison or South Plainfield. Nonperishable foods are accepted as donations.

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FIVE LOAVES PANTRY STORE at SECOND REFORMED CHURCH OF NEW BRUNSWICK

Contact: Reverend Doug Shepler
Telephone: 732-545-0581
Address: 100 College Avenue
New Brunswick, NJ 08901
Hours of Operation: Tuesdays, Thursdays and Saturdays
1:00 p.m. – 4:00 p.m.

Emergency food is available to those below poverty level. Proof of need will be required.

GUARDIAN ANGELS CHURCH, SOCIETY OF ST. VINCENT DE PAUL

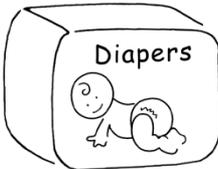
Contact: Food Pantry
Telephone: 732-570-2334
Address: 37 Plainfield Avenue
PO Box 1216
Edison, NJ 08817
Hours of Operation: Twice a month on a Wednesday
(usually the 1st and 3rd Wednesday)
10:00 a.m. – 12:00 noon

Emergency food distribution is provided to those in need. Please call the number above Monday – Friday between 1:00 and 4:00 for an appointment.

HANDS OF HOPE AT ST. JAMES EPISCOPAL CHURCH

Contact: Jackie Goedesky
Telephone: 732-985-5552 or 732-561-2385
or 732-236-3330
Address: 2136 Woodbridge Avenue, PO Box 1028
Edison, NJ 08818
Website: <http://handsofhopenj.net>
Hours of Operation: 1st & 3rd Saturday of the month from
11:00 a.m. – 1:30 p.m.

Soup Kitchen and food pantry available to any Middlesex County resident in need. An intake application must be completed.



HEAVEN'S HELPERS

Contact: Kathy Hoffman
 Telephone: 732-742-8942
 Address: VFW Post 4410 – 493 Pearl Street
 Woodbridge, NJ 07095
 Hours of Operation: 1st Thursday of the month
 (emergencies by appointment)
 10:00 a.m. - 12:00 p.m.

Kosher foods, and paper goods are available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. Donations of all foods are accepted. Frozen foods, fresh fruit & vegetables, dairy goods and meats can be accepted with a few hours notice. We have freezers and storage facilities available.

HIGHLAND PARK FOOD PANTRY

Contact: Beth Leech or Rosa Torres
 Telephone: 732-819-0052 (Rosa) and 732-491-6013 (Beth)
 Address: Highland Park Youth & Senior Center
 South 6th Avenue
 Highland Park, NJ 08904
 Hours of Operation: 2nd & 4th Thursdays of the month
 9:00 a.m. – 10:45 a.m., 6:00 p.m. – 7:00 p.m.
 The Saturdays following the 2nd and 4th
 Thursdays of the month 9:30 a.m. - 10:30 a.m.

Nonperishable and Kosher food distribution is available to Highland Park residents in need. Proof of residency is required. Appointments can be made for emergencies.

HOUSE OF MANNA, FIRST REFORMED CHURCH

Contact: Yvette Molina,
 Telephone: 732-545-9002 ext.115
 Address: 9 Bayard Street
 New Brunswick, NJ 08901
 Hours of Operation: Tuesday and Thursday
 5:30 p.m. - 6:30 p.m.

Congregate meals for families with children now serving dinner. Call for additional information.



JAMES O. BRYANT FOOD PANTRY

Contact: Wilhelmina A. Bryant
 Telephone: 732-287-5184
 Address: 6 Ethel Road
 Piscataway, NJ 08854
 Hours of Operation: 3rd and 4th Saturday of the month
 9:00 a.m. - 11:30 a.m.

Basic foods and necessities are provided once a month to Piscataway area residents who are receiving TANF, SSI, WIC, food stamps, disability, unemployment or low income. Must provide proof of identity, residency and income and may come once a month.

JAMESBURG PRESBYTERIAN CHURCH - DEACON'S FOOD CUPBOARD

Contact: Church Office
 Telephone: 732-521-1711
 Address: 177 Gatzmer Avenue
 Jamesburg, NJ 08831
 Hours of Operation: 3rd Saturday of the month by appointment only.

Please call the church office for specific information. However, proof of residency in Jamesburg, Helmetta, or Spotswood is required and an application must be completed.

JEWISH FAMILY & VOCATIONAL SERVICES OF MIDDLESEX COUNTY

Contact: Intake
 Telephone: 732-777-1940
 Website: www.jfvs.org
 Address: 32 Ford Avenue, 2nd Floor
 Milltown, NJ 08850
 (United Way Bldg., street parking)
 Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational & career services, emergency food (both perishable and non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, and the Women's Center for Displaced Homemakers are among the services available. Must be a Middlesex County resident, 18 or older, must show proof of name & address and income. Requests are limited to once a month and no more than three times per year for emergency circumstances. Nonperishable food, preferably Kosher, and money for the purchase of perishables may be donated.

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JEWISH FAMILY & VOCATIONAL SERVICES OF MIDDLESEX COUNTY

Contact: Intake
 Telephone: 609-395-7979
 Website: www.jfvs.org
 Address: 52 Concordia Shopping Center
 Monroe Twp., NJ 08831
 Hours of Operation: By appointment

Family, couple, and individual counseling, older adult services, vocational & career services, emergency food (both perishable and non-perishable), Kosher Meals on Wheels delivery, referrals for essential needs, and the Women's Center for Displaced Homemakers are among the services available. Must be a Middlesex County resident, 18 or older, must show proof of name & address and income. Requests are limited to once a month and no more than three times per year for emergency circumstances. Nonperishable food, preferably Kosher, and money for the purchase of perishables may be donated.

KOSHER FOOD BANK OF CARTERET

Contact: Rabbi Mayer
 Telephone: 732-969-2497
 Email: foodbank@ygoc.org
 Address: 42 Noe Street
 Carteret, NJ 07008
 Hours of Operation: Daily from the 15th of the month to the end of the month 9:00 a.m. - 5:00 p.m. By appointment only

Nonperishable food items are distributed to area residents in need. Please call for information or to make an appointment.

LIVING WATER FAMILY OUTREACH

Contact: Cheryl Underwood
 Telephone: 732-541-5683 or 732-216-6593
 Email: outreach104@comcast.net
 Address: 104 Union Street
 Carteret, NJ 07008
 Hours of Operation: 3rd Saturday of the month
 10:00 a.m. – 2:00 p.m. Any resident in need
 4th Tuesday of the month
 9:00 a.m. – 2:00 p.m. Senior citizens in need only

Clients must be 18 years or older and supply proof of income and address. Clients are limited to once a month. Emergency food and clothing are available. Elder care assistance is also available to seniors in the area. Community workshops to assist, improve and empower clients in job search, health care and education are usually held quarterly

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METRO PARK ASSEMBLY OF GOD

Contact: Sandra Burton
 Telephone: 732-310-8758
 Address: 48 Berkley Street
 Iselin, NJ 08820
 Website: <http://www.metroparkassembly.org/food-pantry.html>
 Hours of Operation: 10:00 a.m. - 12:00 p.m.

Emergency food is available to anyone in need.

MONROE TOWNSHIP OFFICE ON AGING

Contact: Bonnie Leibowitz or Claire Kelly
 Telephone: 732-521-6111
 Address: Municipal Building, One Municipal Plaza
 Monroe, NJ 08831
 Hours of Operation: 1st Wednesday of the month
 8:30 a.m. - 12:00 p.m. by appointment only.

Nonperishable food distribution is available on the 1st Wednesday of each month from 8:30 a.m. - Noon. Emergency calls are taken Monday - Friday from 8:30 a.m.-4:30 p.m. Proven financial eligibility and proof of residency in Monroe Township is required.

NEW BEGINNINGS CHURCH OF THE NAZARENE

Contact: Lucy Mendoza
 Telephone: 732-985-7097
 Address: 80 Jefferson Blvd.
 Edison, NJ 08817
 Hours of Operation: 4th Saturday of each month

Nonperishable food is available for any Middlesex County resident over the age of 18 who is in need. ID is required.

NORTH BRUNSWICK TOWNSHIP FOOD BANK

Contact: Kathleen Aruta
 Telephone: 732-247-0922 ext. 475
 Address: 710 Hermann Road
 North Brunswick, NJ 08902
 Hours of Operation: Tuesday 10:00 a.m. - 12:00 p.m.
 Thursday 6:00 p.m. - 8:00 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.

OLD BRIDGE TOWNSHIP FOOD BANK

Contact: Rose Welsh
 Telephone: 732-721-5600 ext. 2022
 Address: One Old Bridge Plaza
 Old Bridge, NJ 08857
 Hours of Operation: Tuesday, Wednesday and Thursday
 10:00 a.m.-12:00 p.m. By appointment only

Emergency food is available for Old Bridge residents. For intake appointment to receive food, you must call 732-721-5600 ext. 6215 (Sandy) or ext. 6625 (Diane). Clients must make initial contact via phone. Required information: 2 proofs of residency, proof of income, SSI/SSD award letter and/or Medicare card.

OUR LADY OF FATIMA BREAD OF LIFE FOOD PANTRY

Contact: Reverend Joshy Nirappel
 Telephone: 732-442-6634
 Address: 380 Smith Street
 Perth Amboy, NJ 08861
 Hours of Operation: Every 3rd Wednesday of the month and the
 Saturday that follows 3:00 p.m. - 6:30 p.m.

Emergency food is available to any Middlesex County resident in need.

OUR LADY OF LOURDES CHURCH

Contact: Church Office
 Telephone: 732-828-0011
 Address: 233 North Main Street
 Milltown, NJ 08850
 Hours of Operation: By appointment only.

Emergency food is available for Milltown residents in need only. Please call the church office for an appointment.

PUERTO RICAN ACTION BOARD (MAIN OFFICE)

Contact: Family Workers
 Telephone: 732-828-4555 or 732-828-2135
 Address: 90 Jersey Avenue, PO Box 240
 New Brunswick, NJ 08901
 Hours of Operation: Monday - Friday
 8:30 a.m. - 4:30 p.m.

Cases are determined on individual need. Clients will not be allowed to establish a routine. Clients are eligible for assistance once every two months (if needed).

M.C.F.O.O.D.S. Directory

PUERTO RICAN ACTION BOARD (PRESCHOOLS)

Contact: Family Workers
 Telephone: 732-828-4709 or 732-828-4572
 Address: Preschool
 P.O. Box 240
 New Brunswick, NJ 08901
 Hours of Operation: Monday - Friday
 9:00 a.m. - 5:30 p.m.

Emergency food assistance is available to any Puerto Rican Action Board Preschool Family. Suggested donations include rice, beans, tomato sauce and spaghetti.

SALVATION ARMY

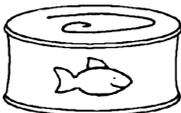
Contact: Jeannette Lugo
 Telephone: 732-545-1477
 Address: 287 Handy Street, P.O. Box 69
 New Brunswick, NJ 08901
 Hours of Operation: Monday - Friday
 9:00 a.m. - 4:30 p.m.

Services include emergency food pantry, prescription assistance, rental and utility bill assistance. ID for all household members, rent receipt, utility bill, and proof of income are required. Clients are eligible for assistance once every two months (excluding Holiday assistance). Must be a resident of New Brunswick, North Brunswick, East Brunswick, Highland Park or Milltown.

SALVATION ARMY

Contact: Captain Carlos and Trudy Medina
 Telephone: 732-826-7040
 Address: 433 State Street
 Perth Amboy, NJ 08861
 Hours of Operation: Monday, Wednesday-Friday
 9:00 a.m. - 11:00 a.m.

Food pantry, daily feeding program (lunch) and emergency winter shelter is provided. Must prove need for service and show ID with proof of address. Must also show proof of income & expenses. Food pantry is available once a month. Daily feeding program is available Monday - Friday on the last 10 days of the month. Emergency winter shelter is available November 1 - April 1.



SAYREVILLE CARE & SHARE FOOD BANK

Contact: Sue Paul
 Telephone: 732-721-8053
 Address: Senior Center 423 Main Street
 Sayreville, NJ 08872
 Hours of Operation: Certain Tuesdays (Call for specific dates)
 10:00 a.m. - 11:00 a.m.

Emergency food distribution is provided. Clients must have a referral from clergy or Welfare Department. Services are limited to once a month and clients must be Sayreville residents. Only nonperishable foods are accepted for donations.

SOUTH BRUNSWICK TOWNSHIP FOOD PANTRY

Contact: LouAnne Wolf, or Jeanne Wert
 Telephone: 732-329-4000 ext. 6674 or ext. 7672
 Address: South Brunswick Municipal Building
 540 Ridge Road, Social Services Office
 Monmouth Junction, NJ 08852
 Hours of Operation: Tuesday, 12:30 p.m. - 2:30 p.m.
 Wednesday if needed is available for pantry appointments
 Thursday, 9:30 a.m. - 11:30 a.m.
 By appointment only

Food box and, if available, food certificates. Cases are determined on individual need for South Brunswick residents only. An application is required. Information must be updated every visit. Food is available as emergency aid only. Donations accepted include cereal, Parmalat, peanut butter, jelly, pasta, sauces, tuna fish, snack foods, beverages, macaroni & cheese, canned meats.

SOUTH PLAINFIELD SOCIAL SERVICES DEPARTMENT

Contact: Margaret Ackerman
 Telephone: 908-226-7625
 Address: 2480 Plainfield Avenue
 South Plainfield, NJ 07080
 Hours of Operation: Monday - Friday
 9:00 a.m. - 3:00 p.m.

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.



SOUTH RIVER FOOD BANK

Contact: Debra A. Jones
 Telephone: 732-257-1999 ext. 118
 Address: 55 Reid Street
 South River, NJ 08882
 Hours of Operation: Every Wednesday 10:00 a.m. – Noon

Nonperishable food is provided to needy South River residents. Two proofs of South River residency must be provided and services are limited to once a month. Emergency financial assistance for housing and utilities is determined on a case by case basis.

ST. CECELIA'S FOOD PANTRY

Contact: Theresa Borg
 Telephone: 732-283-0150 ext. 23
 Address: St. Cecelia's School Basement
 45 Wilus Way
 Iselin, NJ 08830
 Hours of Operation: Tuesday
 10:00 a.m. to 2:00 p.m. (by appointment only)

Emergency food is available. A registration form must be completed and you will be required to show some ID and a proof of income (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month for Woodbridge residents.

ST. FRANCIS CATHEDRAL SOCIAL CONCERNS

Contact: Josepha Flanigan
 Telephone: 732-548-0100 x 225 for Social Concerns
 Address: 45 Library Place
 Metuchen, NJ 08840
 Hours of Operation: Monday - Thursday
 9:30 a.m. - 11:30 a.m.

Emergency food distribution is available.



ST. GEORGE'S CHURCH

Contact: Kristen Tabert
 Telephone: 732-521-0169
 Address: 56 Main Street
 Helmetta, NJ 08828
 Website: www.stgeorghelmetta.org
 Hours of Operation: Tuesday and Thursday
 10:00 a.m. - 12:00 p.m.

Nonperishable food is available to anyone in need.

ST. JAMES EMERGENCY FOOD PANTRY

Contact: Peggy Catalano
 Telephone: 732-636-4310 or 732-636-6343
 Address: 174 Grove Street
 Woodbridge, NJ 07095
 Hours of Operation: Tuesday, Wednesday and Thursday
 9:00 a.m. - 11:00 a.m.
 Thursday, 7:00 p.m. - 8:30 p.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

ST. JOHN THE BAPTIST CHURCH, SOCIETY OF ST. VINCENT DE PAUL

Contact: Gary Schuller
 Telephone: 732-545-6701
 Address: 29 Abeel Street
 New Brunswick, NJ 08901
 Hours of Operation: Wednesday & Saturday
 10:00 a.m. - 1:00 p.m.

Emergency food distribution is provided. Need must be established under TEFAP guidelines. Food may be picked up weekly.

ST. JOSEPH'S PARISH, SOCIETY OF ST. VINCENT DE PAUL FOOD PANTRY

Contact: Jim O'Donnell
 Telephone: 732-541-6003
 Address: 55 High Street
 Carteret, NJ 07008
 Hours of Operation: Every 3rd Saturday
 9:30 a.m. - 10:30 a.m.

Nonperishable food items available to Carteret residents in need. Proof of residency is required.

M.C.F.O.O.D.S. Directory

ST. LAWRENCE, SOCIETY OF ST. VINCENT DEPAUL FOOD PANTRY

Contact: Joseph Mondello
 Telephone: 732-566-1093
 Address: 109 Laurence Parkway
 Laurence Harbor, NJ 08879
 Hours of Operation: Mondays and Saturdays
 8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving

ST. MARY'S CHURCH FOOD PANTRY

Contact: Stan Kusic
 Telephone: 732-721-7418 (24-hour hotline)
 Address: 256 Augusta Street
 South Amboy, NJ 08879
 Hours of Operation: 4th Saturday of the month
 8:30 a.m. - 10:00 a.m.

Emergency food distribution is provided to residents of South Amboy, Sayreville and Old Bridge. Proof of residency is required.

ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

Contact: Church Office
 Telephone: 732-287-0888
 Address: 445 Old Post Road
 Edison, NJ 08817
 Hours of Operation: Monday - Friday
 9:30 a.m. - 12:30 p.m.

Nonperishable canned foods are available on an emergency basis. Services are limited to once a month.

ST. PETER'S EPISCOPAL CHURCH

Contact: Alice Ryan
 Telephone: 732-967-4883
 Address: Main Street & DeVoe Avenue
 Spotswood, NJ 08884
 Website: <http://www.stpetersspotswood.org/cohm.htm>
 Hours of Operation: Wednesdays 6:00 p.m. - 7:00 p.m.

Free supper to anyone needing a meal and/or fellowship.

M.C.F.O.O.D.S. Directory

ST. PETER'S EPISCOPAL CHURCH, PETER'S PANTRY

Contact: Deacon Kathy DeJohn
 Telephone: 732-826-1594
 Address: 183 Rector Street
 Perth Amboy, NJ 08861
 Hours of Operation: Monday, 5:00 p.m. - 7:00 p.m.
 Thursday, 10:00 a.m. - 12:00 p.m.

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

ST. VINCENT DEPAUL, PERTH AMBOY

Contact: Jerry Yaros or Joe Serrao
 Telephone: 732-548-4317 or 732-254-4153
 Address: 295 Barclay Street
 Perth Amboy, NJ 08861
 Hours of Operation: Saturday, 9:45 a.m.-12:45 p.m.

Emergency food available for those in need.

SUYDAM STREET REFORMED CHURCH

Contact: Virginia Previte
 Telephone: 732-249-6803
 Address: 74 Drift Street
 New Brunswick, NJ 08901
 Hours of Operation: Monday and Saturday 9:30 a.m. - 11:00 a.m.
 Sunday 7:30 a.m. - 8:00 a.m. Subject to change

Canned and packaged goods are available through the pantry and bread and pastries are distributed on Sundays. Clients must sign a form, and present a proper ID, adults only. Services are limited to once a month. Donations accepted include canned and packaged goods.

TABERNACLE BAPTIST CHURCH

Contact: Mrs. Mary Graham
 Telephone: 732-545-6617
 Address: 239 George Street
 New Brunswick, NJ 08901
 Hours of Operation: 2nd and 4th Wednesday
 11:30 a.m. - 1:00 p.m.



Emergency food is provided to the hungry and homeless.
 A fully cooked meal is also provided every 2nd Monday of each month.

THE CRISIS ROOM AT ALDERSGATE

Contact: Diane Hutchins
Telephone: 732-257-9920 Help Line
Address: 568 Ryders Lane
East Brunswick, NJ 08816
Hours of Operation: Tuesday and Friday, 12:30 p.m. – 3:00 p.m.
Sunday, 1:00 p.m. -3:00 p.m.

Emergency food and clothing are provided to those in need. Referral is required for assistance. Limited financial assistance is also available, however you must have a referral from another agency.

THE MOVING FORWARD SELF HELP CENTER OF NEW BRUNSWICK

Contact: Lucy Buckner, Manager
Telephone: 732-309-6877 or 732-317-3893
Address: 35 Elizabeth Street, Suite 2B
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday, 3:00 p.m. – 7:00 p.m.
Saturday, 11:00 p.m. – 6:00 p.m.

Food pantry, socialization, rap groups, recreation and advocacy are available. Eligibility is restricted to adults age 18 or older with mental health issues or other special needs in Middlesex County.

TRINITY DELIVERANCE TABERNACLE CHURCH FOOD PANTRY

Contact: Reverend Frederick Broughton, Marilyn Broughton
Telephone: 732-429-6088
Address: 450 New Market Road
Piscataway, NJ 08854
Hours of Operation: 2nd and 4th Sunday of each month
2:00 p.m. – 5:00 p.m.

Emergency food and services to the community are available to Middlesex County residents.

TRINITY EPISCOPAL CHURCH FOOD PANTRY

Contact: Carroll Thomas
 Telephone: 732-634-7422 x 4 (Parish Office)
 Monday or Tuesday 9:00 a.m. – 1:00 p.m. ONLY
 Address: Trinity Church
 650 Rahway Avenue
 Woodbridge, NJ 07095
 Website: www.trinitywoodbridge.org
 Hours of Operation: Thursdays (Red Building)
 10:00 a.m. - 11:00 a.m. ONLY

A three-day supply of emergency food is provided on a once a month basis. Please call on above days, speaking clearly, so that food packages may be prepared ahead for Thursday pick up. If you are unable to come in call before 11:00 am on Thursday to the parish office at x 10.

TRINITY EPISCOPAL CHURCH SOUP KITCHEN

Contact: Fr. Counselman
 Telephone: 732-634-7422 ext. 3
 Address: Trinity Church, 650 Rahway Avenue
 Woodbridge, NJ 07095
 Website: www.trinitywoodbridge.org
 Hours of Operation: Fridays, 11:00 a.m. – 1:00 p.m.

A substantial hot lunch is provided to anyone who shows up - no questions asked.

UNION BAPTIST CHURCH OF SOUTH RIVER INC., JOSHUA FOOD PANTRY & COMMUNITY RESOURCE CENTER

Contact: Dawn Broughton, Director of Church
 Administration & Operations
 Telephone: 732-651-2770
 Address: 76 Washington Street
 South River, NJ 08882
 Hours of Operation: 1st and 3rd Thursday 9:30 a.m. to 11:30 a.m.
 1st and 3rd Saturday 9:30 a.m. to 11:30 a.m.

A soup kitchen and food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.



NUTRITION PROJECT FOR THE ELDERLY

Anyone 60 and over is welcome at the following sites:

- Site 1: Manager: Mary Ann Detres
732-541-6221
Thomas J. Deverin Community Center
100 Cooke Avenue
Carteret, NJ 07008
- Site 2: Manager: Damaris Santiago
732-442-0930
Alexander J. Jankowski Community Center
1 Olive Street
Perth Amboy, NJ 08861
- Site 3: Manager: Vicky Passamonte
732-254-4299
Sayreville Senior Center
423 Main Street
Sayreville, NJ 08872
- Site 4: Manager: Debbie Cerverizzo
732-452-0377
Edison Senior Center
2963 Woodbridge Avenue
Edison, NJ 08817
- Site 5: Manager: Keri Edwards
732-743-9844
Piscataway Senior Center
700 Buena Vista Boulevard
Piscataway, NJ 08854

Site 6: Manager: Karen Delikat
732-329-6171
South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852

Site 7: Manager: Jill Ostman
732-607-1582
Old Bridge Senior Center
1 Old Bridge Plaza
Old Bridge, NJ 08857

Division Director:
Ms. Laila M. Cuane
Middlesex County
Department of Senior Services
732-745-2062 or 732-745-3295

Round-trip transportation available to all sites.
Home-delivered meals available for mobility-impaired.
Suggested Meal Donation: Congregate: \$2.25
Home Delivered: \$2.75

ANGEL FOOD NETWORK

ANGEL FOOD NETWORK

Blessings by the box - It's both a Bargain and a Blessing!

Angel Food is available in a quantity that can fit into a medium-sized box at \$30 per unit. Each month's menu is different than the previous month and consists of both fresh and frozen items with an average retail value of approximately \$60. Comparison shopping has been done across the country in various communities using a wide range of retail grocery stores and has resulted in the same food items costing from between \$42 and \$78.

Generally, one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month. The food is all the same high quality one could purchase at a grocery store. There are no second-hand items, no damaged or out-dated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

Also offered are specialty boxes such as steaks, chicken and pork. Many participants in this bonus program appreciate the expanded choices. Additionally, there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere. Angel Food Ministries also participates in the U.S. Food Stamp program, using the Off-Line Food Stamp Voucher system.

Please see the website for additional information about the program, how to get food and how to become a host site. Angel Food Network <http://www.angelfoodministries.com/> The following organizations are current host sites.

Current Host Sites in Middlesex County:

METUCHEN	First Baptist Church of Metuchen	732-548-4279
		848-203-1355
MIDDLESEX.....	Christian Life Church & Compassion New Jersey	732-560-5800
MONMOUTH JUNCTION.....	South Brunswick Christian Fellowship	732-940-1101
PERTH AMBOY...	Cathedral Community Development Corporation	732-826-8207
PISCATAWAY ...	North Stelton Economic Development Corporation	732-662-5966
		908-803-2331

QUESTIONNAIRE

If your organization is interested in becoming a part of the M.C.F.O.O.D.S. network, please complete the form below and mail it to:

M.C.F.O.O.D.S.

c/o 101 Interchange Plaza

Cranbury, NJ 08512

Fax: 609-655-4748 or Email: ja@mciauth.com

Name of Organization:.....

Mailing Address:

Location of Emergency Food (if different from mailing address):

Name of Contact Person:.....

Phone Number at Location:.....

Phone Number for Contact Person if Different:.....

Fax: E-mail:.....

Website and/or email:.....

Days of Operation:.....

Hours of Operation:.....

Services Provided:.....

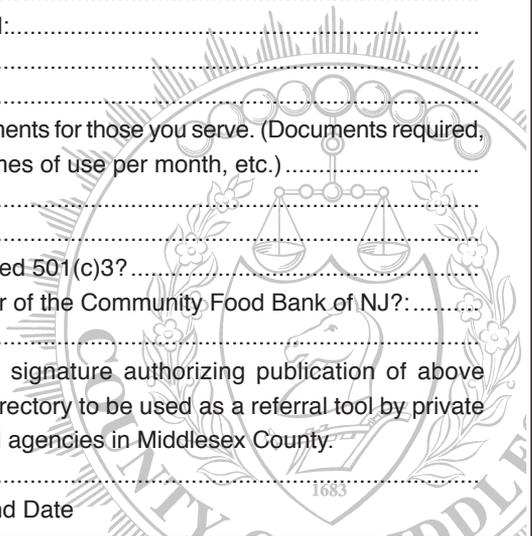
Eligibility Requirements for those you serve. (Documents required, age limitations, times of use per month, etc.).....

Are you a registered 501(c)3?.....

Are you a member of the Community Food Bank of NJ?.....

Please provide a signature authorizing publication of above information in a directory to be used as a referral tool by private and governmental agencies in Middlesex County.

Signature, Title and Date





MIDDLESEX COUNTY BOARD
OF CHOSEN FREEHOLDERS

Christopher D. Rafano
Freeholder Director

Ronald G. Rios
Freeholder Deputy Director

Carol Barrett
Stephen J. Dalina
H. James Polos
Mildred S. Scott
Blanquita B. Valenti



MIDDLESEX COUNTY
IMPROVEMENT AUTHORITY

Carol Barrett, Freeholder
& MCIA Liaison

Leonard J. Roseman, Chairman

Robert J. Mantz
Jacque Eaker
Anthony Raczynski
Camille Fernicola

Richard Pucci, Executive Director